



nadMinisterial

Partnership between North American Division Education, Ministerial, and Youth Departments and Restore a Child

Restore a Child, Inc. is pleased to announce the partnership of three North American Division Departments in a new initiative to help schools, churches, and youth groups engage and support orphans and hungry children through Restore a Child.

The four entities are partnering together to implement a program that will ask the youth of the church to actively engage in projects and commitments to help the children of the world who are hungry. This initiative is central to the Seventh-day Adventist worldview and the Biblical mandate about the true fast as described in Isaiah 58.

do fast

THE FAST TO DEFEND ORPHANS.



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GIVING HOPE
TO 4,000
CHILDREN IN
15 COUNTRIES.

Please
do help

What is dofast?

The dofast is God's true fast:

“Is this not the fast that I have chosen? ... Is it not to share your bread with the hungry, and that you bring to your house the poor: who are cast out when you see the naked that you cover him, and not hide yourself from your own flesh?” ISAIAH 58:6-7

The dofast is a 24-hour fast for Adventist churches, AY, youth groups, Pathfinders, schools, academies, and universities.

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Restore a Child recommends that during the entire month of October all Adventist Churches and educational institutions host activities and events to raise awareness of and funds for the six million children who die every year because of hunger and starvation.

Sing and praise God for your blessings, and donate the cost of the three missed meals to feed hungry and starving children through Restore a Child.

Suggested activities are included in the dofast participation kit. Join this global fast in solidarity with starving and hungry people, especially children.

WHY IS THE dofast IMPORTANT?

Jesus said everyone is our neighbor, and our brother or sister in Christ — a member of the body of Christ. And in Matthew 25 Jesus also made our relationship crystal clear — whatever we do for others is done to Him. Every person in need and every person we help is Jesus.

October 16 is designed as World Food Day by the United Nations Food and Agriculture Organization (FAO) to address world hunger. October has become recognized as World Hunger Action Month.

You are an important part of the worldwide campaign to end the chronic killers of children and teens — starvation, disease, poverty. Together we can end hunger in our lifetime or much sooner, in a decade or two.



NORMA NASHED / PRESIDENT AND FOUNDER

“Pure religion and undefiled before God and the Father is this, To seek and restore the fatherless and widows in [the midst of] their affliction”

JAMES 1:27 (ARABIC TRANSLATION)



Join us at restoreachild.org/dofast

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Your impact!

We are taking up, once again, the life Christ has called us to live as His remnant people, to finish His kingdom work. We are Christ and His orphan's last hope!

Be part of the solution! Be part of the universal victory! Save lives! Live Christ! Finish God's kingdom work! Sign yourself up or your youth group and we'll send you the free **dofast** kit. Join at restoreachild.org/dofast



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Tell me more ...

The 24-hour **dofast** is an opportunity to experience hunger, to sense what it is like to go without food for a whole day.

During these Sabbath hours, you can pray, read Isaiah 58 and meditate on God's fast and His related promises, discuss God's chosen work for us and how we can contribute individually and as the body of Christ to end the world's injustices and finish the very work Jesus gave us to do.

THIS YEAR, THE SECOND SABBATH IN NOVEMBER. FROM SUNDOWN FRIDAY THE **dofast** BEGINS.



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HOW WILL I MAKE A DIFFERENCE?

Without our help, the **children will die.**

From Friday sundown to Sabbath sundown, 24 hours, you **WILL** make a difference for them! You will help transform destitute children who are starving, homeless, unclothed, unfed into thriving children who have food, water, clothing, shelter, and access to doctors and school.

Here's how ... Initiate a **dofast** or join one your school or church is already planning.

You will ...

- » Become part of the solution to the world's hunger, the #1 killer of children.
- » Raise funds for the children.

Join us at restoreachild.org/dofast

“WHEN YOU FIGHT HUNGER, YOU GROW
CLOSER TO GOD BECAUSE THE TWO OF
YOU ARE WORKING TOGETHER!”

How can I participate in the **do**fast?

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- » If your school or church isn't yet participating, initiate a **do**fast yourself!
- » Complete the online participant/group registration form at restoreachild.org/dofast
- » Invite your friends to join you and add their names to the registration form OR ask them to sign themselves up online. Be sure to give them your group ID if they're part of your **do**fast group.
- » By participating in the **do**fast you automatically become a member of the **do** movement. (For more information about the movement behind the **do**fast visit restoreachild.org/do).
- » Tell everyone you know, including your social media friends through Facebook, Twitter, YouTube shares and more.



Serious hunger facts

Malnourished children do not grow properly. Lack of nutritious food causes the brain to not function optimally, which affects its command of bodily functions, including bones that don't grow, organs that can't function, and a compromised immune system causing susceptibility to disease. Children can't think when they are hungry - none of us can!



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Did you know?

- » **1 billion** (1 in 6 on the planet) are hungry all the time.
- » **6 million** children die every year of starvation or hunger related illness.
- » **1 child** dies of starvation every five seconds.
- » **1 in 4** of the world's children are **stunted** (did not grow). In developing countries, **1 in 3**.

SOURCE: "Prevalence and Trends of Stunting among ... Children" Public Health Nutrition, 2012

HUNGER IS
THE WORLD'S

#1

HEALTH RISK.

IT KILLS MORE PEOPLE

EVERY YEAR THAN

AIDS, MALARIA, AND

TUBERCULOSIS COMBINED.

WORLD FOOD PROGRAMME

Join us at restoreachild.org/dofast