

# do fast

THE FAST TO DEFEND ORPHANS.

Fast 24 hours to save a life,  
and forever change yours.

Join us the Second Sabbath in  
November — Sundown Friday  
to Sundown Sabbath

Find registration materials at  
[restoreachild.org/dofast](http://restoreachild.org/dofast)

OUR PARTNERS INCLUDE:



**Adventist Education**  
A JOURNEY TO EXCELLENCE

nad/Ministerial



24  
hour

RESTORE  
a child

GIVING HOPE  
TO 4,000  
CHILDREN IN  
15 COUNTRIES.

Please  
do help